

Recommendations on fabric: natural/mixed fabric suitable for dresses.

You will also need: fusible interfacing; 10 buttons.

Seam allowances: Seam allowance for hem of garment – 1.2 cm,
other seams – 1 cm.

Note on seam allowances:

- If the pattern has double contour the seam allowances are included.

They are 1 cm unless specified otherwise.

- If the pattern has single contour, the seam allowances are NOT included and need to be added when laying out the pattern.

Note on length of fabric:

Attention! The amount of fabric needed for your pattern is not included. It will depend on the selected pattern size, the width, and design of the fabric you plan to use. First, print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm). Measure how much fabric you will need. Don't forget to account for pieces that need to be cut multiple times and pieces that are cut on the fold.

CUTTING:

Note on cutting:

On the pattern pieces, "beam" means straight of grain. Lay out your pieces accordingly. Some pieces will be cut on the fold. This is noted on the pattern piece. Mark all notches and other design features such as pleats etc. from the pattern onto your fabric.

When sewing the garment, pay attention to notches, they must match up.



Main fabric:

1. Lower back - cut 1 on fold
2. Back yoke – cut 1
3. Right front - cut 1
4. Left front - cut 1
5. Right placket – cut 1
6. Left placket – cut 1
7. Sleeve – cut 2
8. Cuff – cut 2
9. Stand collar – cut 2

Fusible interfacing:

5. Right placket – cut 1
6. Left placket – cut 1
9. Stand collar – cut 1
8. Cuff – cut 2

INSTRUCTIONS:

1. Apply fusible interfacing to inner stand collar, plackets and cuffs.
2. Sew yoke to back, press towards top and serge.
3. Sew bust darts on fronts, press bulk towards top.
4. Serge outer edge of plackets. Pin right placket onto right front right sides together and sew along upper edge and button stand. Clip into seam allowances near marking and on curves, turn right side out placket onto wrong side, press and topstitch onto front. Pin left placket onto left front right sides together and sew along button stand edge. Clip into curves, turn right side out placket onto wrong side, press and topstitch onto front.
5. Sew side and shoulder seams, press seams towards back and serge.
6. Pin stand collars together right sides together and sew outer edge. Start and stop sewing exactly at the marked line of seam between stand collar and garment. Turn right side out stand collar onto right side, straighten and press. Sew upper stand collar into neckline, fold raw edge of lower stand collar and stitch in the ditch.

7. Sew sleeve seam, serge and press. Sew sleeves into armholes, matching notches. Serge and press. Make and baste box pleat at the lower edge of the sleeve.

8. Sew cuff into a ring, press seam apart. Fold cuff in half lengthwise and press right side out. Sew outer side of cuff to sleeve, press towards cuff. Fold edge of inner cuff under and stitch-in-the-ditch into seam of outer cuff.

9. Serge lower edge of garment, press onto wrong side and topstitch.

10. Make button holes on right placket. Sew on buttons onto left placket and onto sleeve under the pleat.

TECHNICAL DRAWING:

