

If the pattern has a double line around it, the seam allowances are included.

Note: By default, seam allowances are NOT included (single line) and will need to be added when laying out and cutting details.

Seam Allowance: 1 cm on all seams; hem guidelines are printed on pattern.

Important! Please print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm) to see how much fabric you will need.

Don't forget to take into account pieces to be duplicated or cut on a fold. When sewing the garment, pay attention to notches. They must match up with corresponding pieces.

2164 Empire Waist Dress with Puff Sleeves

Recommendations on fabric: soft natural/mixed fabric suitable for dresses.

You will also need: dress zipper; 5 buttons; elastic tape, its width should equal 1 cm.

CUTTING:

The word, “beam” used on some patterns means “straight of grain”. Some pieces will be cut on the fold, this is noted on the pattern piece. Mark all notches and other design features such as darts, pleats etc. from the pattern onto your fabric.



Seam allowances: all seams 1 cm. Seam allowance for hem of garment and hem of sleeve – 2 cm.

Main fabric:

1. Upper back – cut 2
2. Center back – cut 2
3. Side back – cut 2
4. Upper front – cut 1 on fold
5. Center front – cut 1 on fold
6. Side front – cut 2

7. Sleeve – cut 2

INSTRUCTIONS:

1. Sew princess seams of lower back (sew side backs to center back), press towards center and serge. Sew upper back to lower part, press towards top and serge.
2. Serge center back edges separately. Sew center back seam from notch for zipper to bottom, press seam apart. Sew in zipper.
3. Sew darts on upper fronts, press bulk towards center. Sew princess seams on lower front (sew lower side fronts to lower center front), press seams towards center and serge. Sew upper front to lower front, press towards top and serge.
4. Sew shoulder seams, press seams towards back and serge.
5. Cut or use ready-made bias tape, its width should equal 4 cm and length should equal the length of neckline + 5 cm. Fold bias tape in half lengthwise right side out and press. Pin bias tape to neckline from the right side and sew. Clip into seam allowances. Fold bias tape onto wrong side and topstitch onto main piece along the seam. Press seam. Slipstitch the ends of the bias tape to the zipper tape.
6. Cut two ties on the bias, 2.5 cm wide and 50 cm long. Fold tape in half lengthwise right sides together and stitch at 0.5 cm from the fold. Turn the tie right side out and straighten it. Turn under one of the ends and stitch.
7. Sew side seams, inserting the ties, press seams towards back and serge.
8. Sew sleeve seam, serge and press. Sew a gathering stitch along the sleeve cap and gather fullness. Serge lower edge of sleeve, press onto wrong side and topstitch.
9. Cut a piece of elastic tape, the length should equal the overarm girth at the biceps area. Sew it into a ring. Topstitch the elastic tape onto the sleeve along the marked line, from the wrong side.
10. Sew sleeves into armholes, serge and press.
11. Serge hem of garment, press onto wrong side and topstitch.
12. Sew on decorative buttons onto upper front.
Congratulations – your dress are finished! :)