

If the pattern has a double line around it, the seam allowances are included.

Note: By default, seam allowances are NOT included (single line) and will need to be added when laying out and cutting details.

Seam Allowance: 1 cm on all seams; hem guidelines are printed on pattern.

Important! Please print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm) to see how much fabric you will need.

Don't forget to take into account pieces to be duplicated or cut on a fold. When sewing the garment, pay attention to notches. They must match up with corresponding pieces.

2216 Blouse-Shirt with Pleated Peplum

Recommendations on fabric: natural/mixed fabrics suitable for blouses.

You will also need: fusible interfacing; 12 buttons.

CUTTING:

The word, “beam” used on some patterns means “straight of grain”. Some pieces will be cut on the fold, this is noted on the pattern piece. Mark all notches and other design features such as darts, pleats etc. from the pattern onto your fabric.



Seam allowances: seam allowance for hem of garment – 2 cm; other seams – 1 cm.

Main fabric:

1. Back yoke – cut 1
2. Center back – cut 1 on fold
3. Side back – cut 2
4. Back peplum – cut 2
5. Center front – cut 2
6. Side front – cut 2
7. Front peplum – cut 2

8. Sleeve – cut 2
9. Cuff – cut 4
10. Sleeve placket – cut 2
11. Stand collar – cut 2
12. Collar – cut 2

Fusible interfacing:

1. Sleeve placket – cut 2
2. Stand collar – cut 1
3. Cuff – cut 2
4. Collar – cut 1

INSTRUCTIONS:

1. Apply fusible interfacing.
2. Make and baste pleats on the back peplum, pressing bulk towards the side seam. Sew the side back to the back peplum, press upwards, and serge.
3. Sew side backs to the center back, press towards the center, and serge. Sew the yoke to the back, press upwards, and serge.
4. **Right front:** Fold the front along the lines “center front edge” and “center front edge of hidden placket” to the wrong side and press. Sew a decorative stitch along the inner edge of the placket, 3 cm from the center front edge. Fold the internal part of the placket towards the center front, press, and make buttonholes.
Left front: Add a 1 cm seam allowance to the line marked “inner edge of placket,” trim away the rest. Fold under the placket at 1 cm and press, then fold under at the line “center front edge” and sew a decorative stitch along the inner edge of the placket.
5. Make and baste pleats on the front peplum, pressing bulk towards the side seam. Sew the side front to the front peplum, press upwards, and serge. Sew side fronts to the front, press towards the center, and serge.
6. Sew the yoke to the front, press seam allowances towards the yoke, and serge.
7. Pin the upper collar to the lower collar, right sides together. Sew collar ends and collar fall. Trim seam allowances and corners. Turn the collar right side out, straighten, and press. Pin the stand collar pieces right sides together, sandwiching the finished collar between them. Match notches and stitch, sewing the ends of the

stand collar at the same time. Start and stop exactly at the marked neckline seam line. Turn the finished collar right side out and press. Sew the upper stand collar with collar to the neckline, fold under the raw edge of the lower stand collar, and stitch in the ditch along the seam of the upper stand collar.

8. Sew side seams, press towards the back, and serge.
9. **Sleeve slit:** Slash the sleeve along the marked line, clipping into the corner at the upper edge of the slit. Fold under the area from the slit to the marked line (1.7 cm long), fold under twice at 0.5 cm, and topstitch. Fold the placket in half lengthwise, right sides together, and sew the corner up to the perpendicular mark. Trim seam allowances close to the stitch line and clip near the end of the seam. Fold the placket to the right side, press, and topstitch 0.1 cm along the fold line to the perpendicular line. Pin the placket to the sleeve, right sides together, and sew along the marked line. Slash the sleeve near the end of the stitch line from the slit to the seam. Fold the placket to the right side, fold under the raw edge, and stitch. Align the placket with the marked line on the sleeve and topstitch the upper corner along the contour and the perpendicular mark.
10. Sew the sleeve seam, press towards the back, and serge. Make and baste pleats along the lower edge of the sleeve.
11. Insert sleeves into armholes, serge, and press.
12. Fold the cuff in half lengthwise, right sides together, and sew short sides and corner, starting exactly at the line marking the seam between cuff and sleeve. Clip seam allowances near the notch, turn the cuff right side out, and press. Sew the outer cuff to the lower edge of the sleeve. Fold inside the inner cuff and stitch in the ditch.
13. Turn the hem under 1 cm, then again 1 cm, and topstitch.
14. Make a buttonhole on the stand collar. Make buttonholes on the cuffs. Sew buttons on the left front to match the buttonholes. Sew buttons on the cuffs.

Congratulations – your blouse-shirt are finished! :)