If the pattern has a double line around it, the seam allowances are included.

Note: By default, seam allowances are NOT included (single line) and will need to be added when laying out and cutting details.

Seam Allowance: 1 cm on all seams; hem guidelines are printed on pattern.

Important! Please print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm) to see how much fabric you will need.

Don't forget to take into account pieces to be duplicated or cut on a fold. When sewing the garment, pay attention to notches. They must match up with corresponding pieces.

4115 Sporty Dress with Puff Sleeves



Recommendations on fabric: light-weight fabrics suitable for dresses.

You will also need: invisible zipper; fusible interfacing; 6 buttons; decorative ribbon for the belt – 6 cm wide.

CUTTING:

The word, “beam” used on some patterns means “straight of grain”. Some pieces will be cut on the fold, this is noted on the pattern piece. Mark all notches and other design features such as darts, pleats etc. from the pattern onto your fabric.

Seam allowances: all seams – 1 cm, on hem – 1.2 cm.

Main fabric:
1. Center back bodice – cut 2
2. Side back bodice – cut 2
3. Back inset – cut 1
4. Center back skirt – cut 2
5. Side back skirt – cut 2
6. Center front bodice – cut 2
7. Side front bodice – cut 2

8. Front inset – cut 1
9. Center front skirt – cut 1
10. Side front skirt – cut 2
11. Button placket – cut 2
12. Collar – cut 2
13. Collar-stand – cut 2
14. Sleeve – cut 2
15. Cuff – cut 2

Interfacing:
1. Button placket – cut 2
2. Collar – cut 1
3. Collar-stand – cut 1
4. Cuff – cut 2

INSTRUCTIONS:

1. Apply fusible interfacing to the indicated pattern pieces.

2. Sew the side back bodice pieces to the center back bodice pieces. Serge the seam allowances and press them toward the center. Topstitch 0.5 cm from the seam. Sew the center back seam. Serge the seam allowances and press them toward the left.

3. Sew the side front bodice pieces to the center front bodice pieces. Serge the seam allowances and press them toward the center. Topstitch 0.5 cm from the seam.

4. Fold the button plackets in half lengthwise, wrong sides together, and press. Sew the outer edge of each placket to the corresponding front bodice edge. Press the seam allowances toward the placket. Fold the inner edge of each placket under by 1 cm and secure it by stitching in the ditch along the placket attachment seam. Make the buttonholes on the right placket. Overlap the right front placket over the left and stitch along the lower edge.

5. Sew the shoulder seams. Serge the seam allowances and press them toward the back.

6. Pin the collar pieces together, right sides facing, and sew along the ends and outer edge. Clip the seam allowances along the curves. Turn the collar right side out, shape the edges, and press. Pin the outer and inner collar stand pieces together, right sides facing, inserting the finished collar between them. Match the notches and sew along the upper edge and ends of the collar stand. Begin and end the stitching exactly at the marked collar stand seam allowance lines. Turn right side out, shape the edges, and press.

7. Sew the outer collar stand to the neckline, right sides together. Fold under the seam

allowance of the inner collar stand and secure it by stitching in the ditch along the outer collar stand attachment seam. Topstitch around the collar and collar stand 0.5 cm from the edges.

8. Sew the back inset to the back bodice. Serge the seam allowances and press them toward the inset. Topstitch 0.5 cm from the seam. Sew the front inset to the front bodice. Serge the seam allowances and press them toward the inset. Topstitch 0.5 cm from the seam.

9. Sew the side back skirt pieces to the center back skirt pieces. Serge the seam allowances and press them toward the center. Sew the center back seam. Serge the seam allowances and press them toward the left. Sew the side front skirt pieces to the center front skirt pieces. Serge the seam allowances and press them toward the center.

10. Sew the back skirt to the back inset. Serge the seam allowances and press them toward the inset. Topstitch 0.5 cm from the seam. Sew the front skirt to the front inset. Serge the seam allowances and press them toward the inset. Topstitch 0.5 cm from the seam.

11. Serge the left side edges of the dress separately. Sew the left side seam from the armhole to the upper marked point and from the lower marked point to the hem, leaving the zipper opening unstitched. Press the seam allowances open, including those along the zipper opening. Insert the zipper. Sew the right side seam. Serge the seam allowances and press them toward the back.

12. Sew the sleeve seams. Serge the seam allowances and press. Sew gathering stitches along the sleeve caps and lower sleeve edges between the marked points. Gather to the required width.

13. Sew the short ends of each cuff together to form a ring. Press the seam allowances open. Fold each cuff in half lengthwise, wrong sides together, and press. Sew the outer edge of the cuff to the lower sleeve edge. Press the seam allowances toward the cuff. Fold under the seam allowance of the inner cuff and secure it by stitching in the ditch along the cuff attachment seam. Topstitch 0.5 cm from the cuff attachment seam and along the cuff edge.

14. Set the sleeves into the armholes, matching the notches and distributing the gathers evenly.

15. Serge the lower edge of the dress. Press the hem allowance to the wrong side and topstitch.

16. Sew the buttons onto the left placket, aligning them with the buttonholes.

Congratulations – your dress are finished! :)