

If the pattern has a double line around it, the seam allowances are included.

Note: By default, seam allowances are NOT included (single line) and will need to be added when laying out and cutting details.

Seam Allowance: 1 cm on all seams; hem guidelines are printed on pattern.

Important! Please print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm) to see how much fabric you will need.

Don't forget to take into account pieces to be duplicated or cut on a fold. When sewing the garment, pay attention to notches. They must match up with corresponding pieces.

4188 Long-Sleeved Blouse with High Neck

Recommendations on fabric: medium to high stretch-knit fabric of natural/mixed fibers.

CUTTING:

The word, “beam” used on some patterns means “straight of grain”. Some pieces will be cut on the fold, this is noted on the pattern piece. Mark all notches and other design features such as darts, pleats etc. from the pattern onto your fabric.



Seam allowances: hem and lower edge of sleeve – 1.5 cm, all other seams – 1 cm.

Main fabric:

1. Back – cut 1
2. Front – cut 1
3. Sleeve – cut 2
4. Neckband (collar) – cut 1

Note: Test neckband before sewing, to make sure it will fit over your head. Adjust length if needed.

INSTRUCTIONS:

Advice: sew knit pieces with special elastic/zig-zag stitches. If you use an overlock, cut seam allowances to 0.6-0.8 cm width. Topstitch hem allowances with double needle to save elasticity.

1. Sew shoulder and side seams of back and front. Serge and press seams toward back.
2. Sew sleeve seams. Serge and press seams.
3. Sew sleeves into armholes, matching notches. Serge and press seams.
4. Serge lower edges of garment and sleeves. Turn to wrong side, press, and topstitch.
5. Sew neckband into a ring. Fold collar in half, wrong sides together. Sew neckband to neckline, matching notches. The collar seam should be near the left shoulder seam. Serge and press the collar connecting seam.

Congratulations – your blouse are finished! :)