If the pattern has a double line around it, the seam allowances are included.

Note: By default, seam allowances are NOT included (single line) and will need to be added when laying out and cutting details.

Seam Allowance: 1 cm on all seams; hem guidelines are printed on pattern.

Important! Please print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm) to see how much fabric you will need.

Don't forget to take into account pieces to be duplicated or cut on a fold. When sewing the garment, pay attention to notches. They must match up with corresponding pieces.

4279 Dress with Ruffles and Gathers

Recommendations on fabric: thin, well draping two-sided dress fabric (silk, viscose, mixed fabrics).



You will also need: blind zipper, elastic of 0.5 cm wide.

CUTTING:

The word, “beam” used on some patterns means “straight of grain”. Some pieces will be cut on the fold, this is noted on the pattern piece. Mark all notches and other design features such as darts, pleats etc. from the pattern onto your fabric.

Seam allowances: hem of the garment – 3 cm, outer edge of the flounce, back part / front part neckline edges – 0 cm, all other seams – 1 cm.

<u>Main fabric:</u>
1. Central back part – 1 detail
2. Side back part – 2 details
3. Lower back part – 1 detail
4. Lower front part – 1 detail
5. Side front part – 2 details
6. Central front part – 1 detail
7. Flounce – 2 details

INSTRUCTIONS:

1. Sew a row of gathering stitches along the neckline edge of the center front piece, between the marked notches, and gather slightly. Sew the right shoulder seam of the center front and center back pieces. Press the seam allowances toward the back and serge. Cut a strip of bias tape equal in length to the front and back neckline edges plus 5 cm. Fold the tape in half lengthwise, wrong sides together, and press. Unfold, turn both long edges toward the center crease, and press again. Bind the neckline edge with the prepared bias tape. Sew the left shoulder seam of the center front and center back pieces. Press the seam allowances toward the back and serge.

2. Sew the shoulder seams of the side front and side back pieces. Press the seam allowances toward the back and serge.

3. Cut a strip of bias tape measuring 4 cm wide and equal in length to the outer edge of the flounce plus 3 cm. Fold the tape in half lengthwise, wrong sides together, and press. Unfold, turn both long edges toward the center crease, and press again. Bind the outer edge of the flounce with the prepared bias tape. Alternatively, finish the outer edge with a narrow rolled hem using a serger.

4. Sew the center front and side front pieces together, inserting the flounce between them. Repeat for the center back and side back pieces. Press the seam allowances toward the center and serge.

5. Cut a strip of bias tape measuring 4 cm wide and equal in length to the armhole edge plus 5 cm. Fold the tape in half lengthwise, wrong sides together, and press. Pin the folded tape to the armhole edge on the right side of the fabric and stitch in place. Clip the seam allowances where necessary. Turn the tape to the wrong side and secure it by topstitching along the folded edge. Press.

6. Serge the left side edges of the upper dress section separately. Sew the left side seam from the armhole to the first marked notch. Press the seam allowances open. Sew the right side seam of the upper section. Press the seam allowances toward the back and serge. Reinforce the side seams at armhole level with bar tacks.

7. Serge the left side edges of the lower dress section separately. Sew the left side seam from the zipper marking to the hem, leaving the zipper opening unstitched. Press the seam allowances open. Sew the right side seam of the lower section. Press the seam allowances toward the back and serge. Sew gathering stitches along the upper edge of the lower section and gather to fit the upper section.

8. Sew the lower dress section to the upper section, distributing the gathers evenly. Press the seam allowances upward and serge.

9. Insert the zipper into the left side seam.

10. Cut a length of elastic equal to the waist circumference. Stretch the elastic evenly while stitching it to the seam allowance of the seam joining the upper and lower dress sections.

11. Press the lower edge of the dress 1 cm to the wrong side, then fold it under another 2 cm and press again. Topstitch the hem in place.

Styling suggestion: Wear the dress with a belt.

Congratulations – your dress are finished! :)