If the pattern has a double line around it, the seam allowances are included.

Note: By default, seam allowances are NOT included (single line) and will need to be added when laying out and cutting details.

Seam Allowance: 1 cm on all seams; hem guidelines are printed on pattern.

Important! Please print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm) to see how much fabric you will need.

Don't forget to take into account pieces to be duplicated or cut on a fold. When sewing the garment, pay attention to notches. They must match up with corresponding pieces.

4345 Dress with Shaped Waistband



Recommendations on fabric: fabric suitable for dresses.

You will also need: invisible zipper; fusible interfacing.

CUTTING:

The word, “beam” used on some patterns means “straight of grain”. Some pieces will be cut on the fold, this is noted on the pattern piece. Mark all notches and other design features such as darts, pleats etc. from the pattern onto your fabric.

Seam allowances: all seams – 1 cm, on hem of the dress – 1.2 cm.

Main fabric:
1. Center upper back bodice – cut 2
2. Side upper back bodice – cut 2
3. Back inset – cut 2
4. Center lower back skirt – cut 2
5. Side lower back skirt – cut 2
6. Center upper front bodice – cut 1
7. Side upper front bodice – cut 2
8. Front inset – cut 1

9. Center lower front skirt – cut 1
10. Side lower front skirt – cut 2
11. Sleeve – cut 2
12. Back neck facing – cut 2
13. Front neck facing – cut 1

Interfacing:
1. Back neck facing – cut 2
2. Front neck facing – cut 1

INSTRUCTIONS:

1. Apply fusible interfacing to the facings.

2. Sew the side back bodice pieces to the center back bodice pieces. Serge the seam allowances and press them toward the center. Topstitch 0.5 cm from the seam. Sew the back inset to the back bodice. Serge the seam allowances and press them toward the inset. Topstitch 0.5 cm from the seam.

3. Sew the side back skirt pieces to the center back skirt pieces. Serge the seam allowances and press them toward the center. Topstitch 0.5 cm from the seam. Sew the back skirt to the back inset. Serge the seam allowances and press them toward the inset. Topstitch 0.5 cm from the seam.

4. Serge the center back edges separately. Sew the center back seam from the zipper marking to the hem, leaving the zipper opening unstitched. Press the seam allowances open, including those along the zipper opening. Insert the zipper.

5. Sew the side front bodice pieces to the center front bodice. Serge the seam allowances and press them toward the center. Topstitch 0.5 cm from the seam. Sew the front inset to the front bodice. Serge the seam allowances and press them toward the inset. Topstitch 0.5 cm from the seam.

6. Sew the side front skirt pieces to the center front skirt. Serge the seam allowances and press them toward the center. Sew the front skirt to the front inset. Serge the seam allowances and press them toward the inset. Topstitch 0.5 cm from the seam.

7. Sew the shoulder and side seams. If desired, baste the side seams first and try on the dress to adjust the fit. Serge the seam allowances and press them toward the back.

8. Sew the shoulder seams of the neckline facings and press the seam allowances open. Serge the outer edge of the facing. Pin the facing to the dress, right sides together, matching the neckline edges. Leave a 5 mm gap at the zipper edges. Fold the facing back

and pin it to the upper edge of the dress. Turn the seam allowances along the zipper onto the right side of the dress and pin them to the neckline edge over the facing. Sew along the neckline. Clip the seam allowances along the curves and understitch the facing. Turn the facing to the wrong side, shape the neckline edge, and press. Secure the facing to the zipper tape and shoulder seams with a few hand stitches.

9. Cut a strip of bias tape measuring 4 cm wide and equal in length to the lower sleeve edge plus 4 cm. Fold the tape in half lengthwise, wrong sides together, and press. Pin the folded tape to the lower sleeve edge on the right side of the fabric and stitch in place. Turn the tape to the wrong side, trim the seam allowances, and secure it by topstitching along the folded edge. Press. Set the sleeve into the armhole.

10. Cut a strip of bias tape measuring 4 cm wide and equal in length to the lower armhole edge plus 6 cm. Fold the tape in half lengthwise, wrong sides together, and press. Pin the folded tape to the armhole edge on the right side of the dress, leaving the ends extending beyond the edge, and stitch in place. Turn the tape to the wrong side, trim the seam allowances, and secure it by topstitching along the folded edge. Press.

11. Serge the lower edge of the dress. Press the hem allowance to the wrong side and topstitch.

Congratulations – your dress are finished! :)