

If the pattern has a double line around it, the seam allowances are included.

Note: By default, seam allowances are NOT included (single line) and will need to be added when laying out and cutting details.

Seam Allowance: 1 cm on all seams; hem guidelines are printed on pattern.

Important! Please print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm) to see how much fabric you will need.

Don't forget to take into account pieces to be duplicated or cut on a fold. When sewing the garment, pay attention to notches. They must match up with corresponding pieces.

4738 Shirt Blouse with Pleat at the Back

Recommendations on fabric: natural/mixed fabrics suitable for blouses.

You will also need: fusible interfacing; 2 buttons.

CUTTING:

The word, "beam" used on some patterns means "straight of grain". Some pieces will be cut on the fold, this is noted on the pattern piece. Mark all notches and other design features such as darts, pleats etc. from the pattern onto your fabric.



Seam allowances: all seams 1 cm. Seam allowance for hem of garment – 1.5 cm.

Main fabric:

1. Back yoke – cut 1
2. Back – cut 1 on fold
3. Front – cut 1
4. Placket – cut 2
5. Sleeve – cut 2
6. Stand collar – cut 2
7. Cuff – cut 2

Fusible interfacing:

1. Placket – cut 2
2. Stand collar – cut 1
3. Cuff – cut 2

INSTRUCTIONS:

1. Apply fusible interfacing.

2. Make and baste a box pleat on the back. Sew the yoke to the back, press the seam allowances towards the top, and serge.
3. Sew darts on the front, press the bulk towards the top.
4. Press the plackets in half lengthwise, right side out. Sew the plackets to the front along the longer edge, leaving a distance of 1 cm from the hem. Snip into the seam allowance on the front, leaving 1 mm to the stitch line. Thread the ends of the plackets inside and sew, fastening the lower edge. Serge the seam allowances.
5. Sew shoulder seams, press them towards the back, and serge.
6. Pin together parts of the stand collar, right sides together, and sew along the outer edge, starting and stopping exactly at the seam line of the collar stand. Turn the stand collar right side out and press.
7. Sew the outer stand collar into the neckline. Fold the open edge of the inner stand collar inside and stitch in the ditch.
8. Cut a slit on the sleeve along the marked line. Cut bias tape from the main fabric (or use ready-made), with a width of 4 cm and a length equal to two lengths of the slit + 4 cm. Fold the bias tape in half lengthwise and press. Press the outer seam allowances toward the center. Sew the bias tape to the slit on the sleeve (pin the bias tape to the slit edge from the right side and sew, then fold the bias tape onto the wrong side and topstitch onto the garment along the fold line).
9. Sew the sleeves into the armholes. Serge the seam allowances. Sew the sleeve seam and side seam with one continuous seam. Press the seams towards the back and serge.
10. Fold the cuff in half lengthwise, right sides together, and sew the short sides. Start stitching exactly at the line marking the seam between the cuff and sleeve. Turn the cuff right side out and press. Sew the outer side of the cuff to the lower edge of the sleeve. Fold the inner side of the cuff inside and topstitch into the seam.
11. Serge the lower edge of the garment, press it onto the wrong side, and topstitch.
12. Make buttonholes on the cuffs and sew on buttons.

Congratulations, your shirt is ready! :)