If the pattern has a double line around it, the seam allowances are included.

Note: By default, seam allowances are NOT included (single line) and will need to be added when laying out and cutting details.

Seam Allowance: 1 cm on all seams; hem guidelines are printed on pattern.

Important! Please print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm) to see how much fabric you will need.

Don't forget to take into account pieces to be duplicated or cut on a fold. When sewing the garment, pay attention to notches. They must match up with corresponding pieces.

4739 Dress with Front Inset



Recommendations on fabric: thick natural/mixed fabric suitable for dresses, contrasting fabric for decoration.

You will also need: dress zipper; fusible interfacing.

CUTTING:

The word, “beam” used on some patterns means “straight of grain”. Some pieces will be cut on the fold, this is noted on the pattern piece. Mark all notches and other design features such as darts, pleats etc. from the pattern onto your fabric.

Seam allowances: all seams – 1 cm. Seam allowance along hem of garment – 2 cm.

<u>Main fabric:</u>
1. Upper back – cut 2
2. Lower back – cut 2
3. Lower left front – cut 1
4. Lower right front – cut 1
5. Upper front – cut 1
6. Back neck facing – cut 2
7. Front neck facing – cut 1

Decorative fabric:
1. Pleat – cut 1

Fusible interfacing:
1. Back neck facing – cut 2
2. Front neck facing – cut 1

INSTRUCTIONS:
1. Apply fusible interfacing.

2. Sew the darts on the front and back pieces. Press the waist dart excess toward the center and the bust dart excess upward.

3. Sew the upper back to the lower back. Press the seam allowances upward and serge.

4. Serge the center back edges separately. Sew the center back seam from the zipper notch to the lower edge, leaving the zipper opening unstitched. Press the seam allowances open and insert the zipper.

5. Serge the vertical edges of the lower front pieces separately. Serge the vertical and upper edges of the pleat insert. Sew the pleat insert to the lower front pieces along the vertical edges. Sew the princess seam from the upper edge to the pleat. Press the seam allowances open, arrange the pleat, and press. Sew decorative securing stitches at the base of the pleat.

6. Sew the upper front to the lower front. Press the seam allowances upward and serge.

7. Sew the side and shoulder seams. Press the seam allowances toward the back and serge.

8. Sew the shoulder seams of the neckline facings and press the seam allowances open. Serge the outer edge of the facing. Pin the facing to the garment, right sides together, and sew along the neckline. Turn the facing to the wrong side, shape the neckline, and press. Secure the facing to the garment with slip stitches along the shoulder seams and center back seam.

9. Cut bias tape or use ready-made bias tape, 4 cm wide and equal to the armhole circumference plus 5 cm in length. Fold the bias tape in half lengthwise, wrong sides together, and press. Pin the folded bias tape to the armhole edge on the right side of the garment and sew. Clip the seam allowances as necessary. Turn the bias tape to the wrong side and topstitch along the folded edge to secure it to the garment. Press.

10. Serge the lower edge of the dress, press the hem allowance to the wrong side, and topstitch.

Congratulations – your dress are finished! :)