If the pattern has a double line around it, the seam allowances are included.

Note: By default, seam allowances are NOT included (single line) and will need to be added when laying out and cutting details.

Seam Allowance: 1 cm on all seams; hem guidelines are printed on pattern.

Important! Please print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm) to see how much fabric you will need.

Don't forget to take into account pieces to be duplicated or cut on a fold. When sewing the garment, pay attention to notches. They must match up with corresponding pieces.

4792 70s-Style Dress with High Neckline



Recommendations on fabric: natural/mixed fabric suitable for dresses.

You will also need: fusible interfacing; dress zipper.

CUTTING:

The word, “beam” used on some patterns means “straight of grain”. Some pieces will be cut on the fold, this is noted on the pattern piece. Mark all notches and other design features such as darts, pleats etc. from the pattern onto your fabric.

Seam allowances: all seams – 1 cm. Seam allowance for hem of dress – 1.2 cm.

Main fabric:
1. Upper back – cut 2
2. Lower back – cut 2
3. Upper front – cut 1
4. Lower front – cut 1 on fold
5. Back neck facing – cut 2
6. Front neck facing – cut 1
7. Upper sleeve – cut 2
8. Lower sleeve – cut 2

9. Cuff – cut 2

Fusible interfacing:
1. Back neck facing – cut 2
2. Front neck facing – cut 1
3. Cuff – cut 2

INSTRUCTIONS:

1. Apply fusible interfacing.

2. Sew the darts on the upper back and upper front pieces. Press the dart excess toward the center.

3. Sew the upper back to the lower back. Press the seam allowances upward and serge. Sew the upper front to the lower front. Press the seam allowances upward and serge.

4. Serge the center back edges separately. Sew the center back seam from the zipper marking to the hem, leaving the zipper opening unstitched. Press the seam allowances open and insert the zipper.

5. Sew the side and shoulder seams. Press the seam allowances toward the back and serge.

6. Sew the shoulder seams of the front and back neckline facings. Clip the seam allowances along the curves and press them open. Serge the outer edge of the facing.

7. Pin the facing to the garment, right sides together, and sew along the neckline. Clip the seam allowances as necessary. Turn the facing to the wrong side, shape the neckline, and press. Secure the facing with slip stitches at the shoulder seams and to the zipper tape.

8. Sew the elbow and front sleeve seams. Press the seam allowances and serge. Set the sleeves into the armholes, matching the notches and distributing the ease evenly along the sleeve caps. Serge the seam allowances.

Alternative sleeve construction: Sew the sleeve seams, press the seam allowances, and serge. Set the sleeves into the armholes, matching the notches and distributing the ease evenly along the sleeve caps. Serge the seam allowances. Serge the lower sleeve edges, press the hem allowances to the wrong side, and topstitch.

9. Fold each cuff in half lengthwise, right sides together, and sew the ends from the fold to the notches. Trim the corners and clip the seam allowances near the markings. Form the cuff into a ring and sew from the markings to the edges. Turn the cuff right side out, shape the edges, and press. Pin the cuff to the wrong side of the sleeve, aligning the cuff seam with the marking. Sew the cuff to the lower sleeve edge, serge the seam allowances, and

press. Fold the cuff to the right side of the sleeve.

10. Serge the lower edge of the dress, press the hem allowance to the wrong side, and topstitch.

Congratulations – your dress are finished! :)