If the pattern has a double line around it, the seam allowances are included.

Note: By default, seam allowances are NOT included (single line) and will need to be added when laying out and cutting details.

Seam Allowance: 1 cm on all seams; hem guidelines are printed on pattern.

Important! Please print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm) to see how much fabric you will need.

Don't forget to take into account pieces to be duplicated or cut on a fold. When sewing the garment, pay attention to notches. They must match up with corresponding pieces.

5523 Empire-Waist Dress with Puff Sleeves



Recommendations on fabric: natural or mixed fabric.

You will also need: zipper of 25 cm length, lining, elastic braid.

CUTTING:

The word, “beam” used on some patterns means “straight of grain”. Some pieces will be cut on the fold, this is noted on the pattern piece. Mark all notches and other design features such as darts, pleats etc. from the pattern onto your fabric.

Seam allowances: all seams – 1 cm, for garment hem – 2 cm.

Main fabric:
1. Center upper front part – 1 piece
2. Side upper front part – 2 pieces
3. Center lower front part – 2 pieces
4. Middle lower font part – 2 pieces
5. Side lower front part – 2 pieces
6. Gusset – 12 pieces
7. Side lower back part – 2 pieces
8. Center lower back part – 2 pieces

9. Side upper back part – 2 pieces
10. Center upper back part – 2 pieces
11. Middle lower back part – 2 pieces
12. Sleeve – 2 pieces

Lining:
1. Center back part – 2 pieces
2. Side back part – 2 pieces
3. Center upper front part – 1 piece
4. Center lower front part – 1 piece
5. Side front part – 2 pieces

Fusing: front/back armholes' facing

INSTRUCTIONS:

1. Apply fusible interfacing to the wrong side of the front and back armhole facings.

2. Sew the bust darts on the front bodice pieces. Press the dart excess toward the center front.

3. Sew the bust darts on the upper front lining pieces and press the dart excess toward the center. Sew the front and back lining pieces together at the side seams. Serge the seam allowances and press them toward the back. Serge the lower edge of the lining, fold the hem allowance to the wrong side, press, and topstitch. Serge the center back edges of the lining. Sew the center back seam up to the marked zipper opening and press the seam allowances open.

4. Sew the gusset to the center lower front section. Serge the seam allowances, stopping 4 cm above the marked notch. Sew the center seam of the lower front section to the side edge of the gusset. Serge the seam allowances and press them, shaping the gusset edge.

5. Sew the gusset to the middle lower front section. Serge the seam allowances, stopping 4 cm above the marked notch. Sew the middle lower front section, together with the gusset, to the center lower front section. Serge the seam allowances and press them, carefully shaping the gusset edges.

6. Sew the center upper front bodice to the center lower front section. Serge the seam allowances and press them downward. Sew the side upper front bodice to the side lower front section. Serge the seam allowances and press them downward. Sew the gusset to the side front section, serging the seam allowances up to 4 cm above the marked notch. Sew the front princess seams, incorporating the side edge of the gusset. Serge the seam allowances and press them, shaping the gusset edges.

7. Sew the gusset to the center lower back section. Serge the seam allowances, stopping 4 cm above the marked notch. Sew the middle lower back section to the center lower back section. Serge the seam allowances and press them, carefully shaping the gusset edges.

8. Sew the center upper back bodice to the center lower back section. Serge the seam allowances and press them downward. Sew the gusset to the side back section, serging the seam allowances up to 4 cm above the marked notch. Sew the middle back section to the side edge of the gusset. Serge the princess seam allowances and press them, shaping the gusset edges.

9. Sew the gusset to the side front section, serging the seam allowances up to 4 cm above the marked notch. Sew the dress side seams, joining the gusset edges as indicated by the pattern markings. Serge the seam allowances along the gusset side seams and press them, carefully shaping the gusset edges.

10. Sew the gusset to the right center back section. Serge the right center back edge and the adjoining gusset edge. Serge the left center back edge and the corresponding gusset edge separately. Sew the center back seam, including the left side edge of the gusset, up to the marked zipper opening. Press the center back seam allowances open, including those along the gusset and zipper opening. Insert the zipper into the center back seam.

11. Sew the shoulder seams of the dress. Press the seam allowances open.

12. Pin the lining to the dress, right sides together, and sew along the neckline. Understitch the seam allowances to the lining 0.2 cm from the neckline seam. Turn the lining to the wrong side, shape the neckline edge, and press. Align the center back edges of the lining with those of the dress and secure the lining to the zipper tape.

13. Sew gathering stitches along the sleeve caps between the marked notches, 0.5 cm from the edge. Gather the sleeve caps to the required width. Serge the lower sleeve edges. Fold the hem allowances to the wrong side and topstitch 1.2 cm from the lower edges, forming casings for the elastic. Cut the elastic to the required length and insert it into the sleeve casings. Sew the sleeve seams. Serge the seam allowances and press.

14. Set the sleeves into the armholes, matching the pattern notches and distributing the gathers evenly. Secure the armhole seam allowances as indicated by the pattern.

15. Serge the lower edge of the dress. Fold the hem allowance to the wrong side, press, and topstitch 1 cm from the lower edge.

Congratulations – your dress are finished! :)